

Park Primary School



Newsletter

Week
Commencing:
26/09/2022

Headteacher's Award

Autumn 1 ~ Week 4

Year R Red	Zara - For superb efforts with her 'curious' monster drawing & writing.
Year 1 Orange	George - For trying really hard and following the instructions in music.
Year 2 Yellow	Hugo - For independently creating a fantastic 'wanted' poster.
Year 3 Green	Kawinesh - For listening carefully to adults and following instructions well.
Year 4 Blue	Gabriela - For fantastic contributions during our writing lessons this week.
Year 5 Purple	Iris - For always contributing in class discussions and working hard in all lessons.
Year 6 Pink	Nakita - "Queen of Contributions" - For always enthusiastically contributing to discussions.

This Week's Attendance

Attendance: 95.3%

(Target = 96%)

Percentage of Lates: 1.3%

(Target = less than 1%)

Image Consent

Your child would have received a consent form about Using Images of children at School. In order for us to keep our records updated it is essential these are completed and brought back to school asap. If you require a new form please ask your child's class teacher or email the school office at admin@park-pri.hants.sch.uk

Harvest Donations

This year we are supporting The Community Cupboard at The Vine Centre. All donations will be greatly appreciated, however they find they fall short of items such as coffee, long life milk, tinned products like veg and meat items, biscuits, breakfast cereal and cooking oil.

The community cupboard is open 3 days a week Mon-Wed 10am-3pm with the aims of reducing food waste as well as food poverty.

Donations can to be brought to your child's classrooms before Tuesday 11th October. Thank you!



Food sharing to **reduce food waste** and **tackle food poverty** in our community.

No need to book in advance, just drop in.

Opening Hours:

Monday: 10am - 3pm
Wednesday: 9am - 12pm
Thursday: 9am - 4pm

FREE FOR ALL

FREE for anyone in the community, especially families, needing help with food. Just come along, no need to bring anything to donate.

DONATE & EXCHANGE

You're welcome to donate and exchange items if you are able. Bring things you have in excess and see if there is something you would like in return.

01252 400196 www.thevinecentre.org.uk info@thevinecentre.org.uk

The Vine Centre is a registered charity in England, our charity number is 1133646.

Registered office: The Vine Centre, 33 Station Road, Aldershot, Hampshire, GU11 1BA

Supported by Lidl, Sainsbury's Farnborough, Waitrose Fleet & Farnham.



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Spotlight Free Dance Classes

Spotlight UK run free dance classes at Quetta Park community centre on Friday Evenings and Aldershot Garrison Hub on Saturday Mornings. They will be working towards



opportunities for the children to perform at the Princes Hall in Aldershot next year. The classes are mixed dance including street, hip hop and musical theatre. The aim is

to increase confidence, self esteem, social interaction, mental wellbeing and for the children to have fun. Email

for more details:

michaela@spotlightuk.org

Year R Music Class

Red Class enjoyed their music lesson this week where they were sorting the instruments by how they are played; shaking, tapping, scraping, patting and shaking and banging together.

The children then had the opportunity to explore an instrument of their choice. They then listened to music and thought about how it made them feel and played their instrument to reflect that e.g. sad, scary, happy, cheery, upbeat etc. Then they moved about the space as musicians playing their instruments.

The children enjoyed their music lesson very much.



Top tips for teeth

Too much sugar can also cause tooth decay, which is the most common reason for hospital admissions in children aged 5-9 years. 12% of 3-year-olds are presenting with visible tooth decay, with this figure increasing to nearly 25% in 5-year-olds. Sugar reduction has a clear role to play in maintaining oral health.

Change4Life has three key tips for parents:

- Tip 1: Be sugar smart – make healthier food and drink choices by swapping out sugar.
- Tip 2: Visit the dentist regularly – parents might not realise that trips to an NHS dentist are free for pregnant women and anyone under the age of 18 (19 if in full time education).
- Tip 3: Brush your teeth twice a day – plus tips for tooth brushing, recommended toothpaste amounts and the positive effects of fluoride.



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Should my child stay off school?

The guidance below is taken from the NHS website. See their website for more information:
<https://www.nhs.uk/live-well/healthy-body/is-my-child-too-ill-for-school/>

Chickenpox	If your child has chickenpox , keep them off school until all the spots have crusted over. This is usually about 5 days after the spots first appeared.
Cold sores	There's no need to keep your child off school if they have a cold sore . Encourage them not to touch the blister or kiss anyone while they have the cold sore, or to share things like cups and towels.
Conjunctivitis	You don't need to keep your child away from school if they have conjunctivitis . Do get advice from your pharmacist. Encourage your child not to rub their eyes and to wash their hands regularly.
Coughs and colds	It's fine to send your child to school with a minor cough or cold . But if they have a fever, keep them off school until the fever goes. Encourage your child to throw away any used tissues and to wash their hands regularly.
Ear infection	If your child has an ear infection and a fever or severe earache, keep them off school until they're feeling better or their fever goes away.
Fever	If your child has a fever, keep them off school until the fever goes away.
Hand, foot and mouth disease	If your child has hand, foot and mouth disease but seems well enough to go to school, there's no need to keep them off. Encourage your child to throw away any used tissues straight away and to wash their hands regularly.
Head lice and nits	There's no need to keep your child off school if they have head lice.
Impetigo	If your child has impetigo , they'll need antibiotic treatment from the GP. Keep them off school until all the sores have crusted over and healed, or for 48 hours after they start antibiotic treatment. Encourage your child to wash their hands regularly and not to share towels, cups and so on with other children at school.
Ringworm	If your child has ringworm , see your pharmacist unless it's on their scalp, in which case you should see the GP. It's fine for your child to go to school once they have started treatment.
Scarlet fever	If your child has scarlet fever , they'll need treatment with antibiotics from the GP. Otherwise they'll be infectious for 2 to 3 weeks. Your child can go back to school 24 hours after starting antibiotics.
Slapped cheek syndrome (fifth disease)	You don't need to keep your child off school if they have slapped cheek syndrome because once the rash appears, they're no longer infectious. If you suspect your child has slapped cheek syndrome, take them to the GP and let their school know if they're diagnosed with it.
Sore throat	You can still send your child to school if they have a sore throat . But if they also have a fever, they should stay at home until it goes away.
Threadworms	You don't need to keep your child off school if they have threadworms . Speak to your pharmacist, who can recommend a treatment.
Vomiting and diarrhoea	Children with diarrhoea or vomiting should stay away from school for 2 days after their symptoms have gone.

Diary Dates...

Autumn 1 2022

Mon 10th Oct
Individual and Sibling photographs

Autumn 2 2022

Mon 31st Oct
-INSET DAY
-Y6 - Last day to submit Year 7 applications (Secondary School)

Tues 1st Nov
-First day back after half term
-Admissions open for Year R 2023 applications
-Parents Evening

Thurs 3rd Nov
Parents Evening

Tues 8th Nov
Flu Immunisations - Whole School

Mon 21st - Wed 23rd Nov
Year 6 Residential Trip

Autumn 2 2022

Tues 13th Dec
2pm - Infant Nativity

Wed 14th Dec
-9.15 - Infant Nativity
-2.45pm - KS2 Carols (Time TBC and weather permitting)

Thurs 15th Dec
-Christmas Lunch
-Parks Got Talent

Fri 16th Dec
-Pantomime in school
-Last day of term

Half Term

Mon 24th Oct - Fri 28th Oct

Christmas Break

Mon 19th Dec - Tues 3rd Jan

Spring 1 2023

Tues 3rd Jan
INSET Day

Wed 4th Jan
First day of term

Thurs 5th Jan
Year 5 Swimming Starts

Fri 13th & Fri 19th Jan
Year 6 Bikeability

Sun 15th Jan
Last day to apply for YR 2023

Wed 1st March
Notification day for Yr7 2023

Half Term

Mon 13th Feb - Fri 17th Feb

Spring 2 2023

Mon 17th April
YR - Notification day for Year R Applications

Easter

Mon 3rd April - Fri 14th April

INSET Days 22-23

Mon 31st Oct 2022
Tues 3rd Jan 2023
Fri 30th June 2023

Summer 1

Wed 26th April
Class Photos

Mon 1st May
Bank Holiday

Mon 8th
Start of Y6 SATS week

Half Term

Mon 29th May - Fri 2nd June