



# Park Primary School

## Newsletter

3rd April  
2020

Dear Parents, Carers and Families,

It is hard to comprehend how much has changed in the last couple of weeks. I hope that you are all safe and well and adjusting to your new routines in these extraordinary times.

For some of you, you may feel overwhelmed by the expectations you may feel to now home-school your child. I would like to take this opportunity to reassure you that there is no expectation for you to become a teacher overnight! Your priorities at the moment are to look after yourselves and your family. As a school, we do not want to put pressure on you and certainly do not want school work to be the source of any conflict when you are all stuck inside together!!! When school returns, we will help your child with their learning and make sure we cover any missed learning. Remember every child is in the same position.

We will continue setting work via Seesaw every school day. For some children and families, this will give you much needed structure and the children will enjoy completing the tasks set. Please use your best judgement as parents when deciding which work, and how much to do each day. Ask your teacher a question through Seesaw if you need any guidance. Make sure you plan lots of time to relax and have fun together too.

It has been so wonderful seeing all the work that the children have uploaded on to Seesaw, and we hope that you have enjoyed the comments and feedback from school staff. Please use this platform to upload any learning or other activities that you have been doing at home - whether linked to what your child has been set by their teacher or not. It has been lovely to see and hear their videos and audio clips saying hello and letting us know how they are getting on. School staff will continue to respond to their posts as they work from home.

If your child has been completing work in their packs - please hold onto it. You can mark your child's work yourself, or you can take a photo of it and upload it to Seesaw for us to see what you have been doing at home.

We will not be setting or marking daily work over the Easter Break, but have set some challenges which you might like to do at home. We would love to see any photos or videos of you completing the challenges on your Seesaw accounts.

I want to reassure you that we are all still here to support you and your child, even when most children are not in school. We are still their teachers, educators and carers, even when we are not physically in the same building.

We will be giving you and your children a ring every week or so to check that you are all ok and to remind your child that we are thinking of them. Tanzy is also posting positive messages, jokes, riddles etc. to each year group on Seesaw. Please also use the contact details to the right if you need to get in touch with us.

I hope that you all have a lovely Easter at home with your children.

Best Wishes  
Miss Emma Grant  
Headteacher

### School Contact Details

These are our contact details during the school closure.

#### School office - For general questions & queries:

admin@park-  
pri.hants.sch.uk

01252 324159  
or  
07464056877

#### For safeguarding support & queries:

07340153621  
Miss Grant  
or  
07880739952  
Miss Leather

#### For Special Educational Needs questions & queries:

07880739952  
Miss Leather

#### Pastoral Advice & Support

07498547812  
Tanzy  
or  
07340153621  
Miss Grant  
or  
07880739952  
Miss Leather

## Supporting Children's Emotional & Physical Health

We use the SCARF resources for PSHE lessons at school. They have set up a dedicated page on their website to support children at this time of uncertainty & change.

Harold, the giraffe mascot, will be posting a daily blog: <https://www.coramlifeeducation.org.uk/harolds-daily-diary>

Each day he'll be giving children positive, fun messages about what he's doing to stay happy and healthy while he's off school & separated from his friends. He'll invite the children to join in with activities he's doing.

He'll be giving children ideas for how he, and they, can get a routine going for their day, including the things we all need to do to live a balanced, healthy life. These include:

- Taking regular exercise
- Being creative
- Helping others
- Connecting with others – in ways that are safe
- Mindfulness – learning to enjoy the moment, here & now.



Having a routine and structure will be very important to all of us at this challenging time. For children, in particular, routines help to provide a sense of security that will help a lot at this time of uncertainty.

Harold will introduce the children to his Daily Plan. There will be a template version of this that the children can download – or copy from the website – and fill in for themselves.

Each day they will put different activities onto Harold's Daily Diary page. There will be activities for different age groups – something for everyone! These will help children to complete their own Daily Plan. All the activities are family-friendly, so siblings or whole families who are

at home together will be able to do things together.

Harold will update his blog at 9a.m. every day from Monday to Friday (there'll be a break at weekends).



## Useful Links

### Financial Support & Advice

Information for individuals and business in relation to COVID-19:

<https://www.gov.uk/government/publications/support-for-those-affected-by-covid-19/support-for-those-affected-by-covid-19>

### Educational websites and apps

Children have access to all these apps and websites.

Email the school office if you would like to add your child to Seesaw.



## Free School Meals

If your child is entitled to Free School Meals, you will have received a e-code for this week and last week, in lieu of a school meal.

If you would like to check whether your child is eligible, particularly if your financial situation changes, please click on this link and complete the relevant information. You will need your national insurance number handy.

<https://www.cloudforedu.org.uk/ofsm/hants>

If you meet the criteria, the school office will automatically receive an email and we will organise your voucher for you.



# Easter Challenges

*How many of these challenges can you complete over Easter?*

*Upload any photos or videos to Seesaw. Happy Easter!*

Challenge 1: Make a den or cave and read a story in it

Challenge 2: Bake a cake or make some Easter biscuits

Challenge 3: Design your own Easter Egg

Challenge 4: Design a treasure hunt around your house or in your garden.

Challenge 5: Create some artwork and display it in your window

Challenge 6: Make a 30 second dance routine

Challenge 7: Make your own new or Easter special celebration actions  
(think rainbow clap, giant marshmallow, double lorry driver etc. like we do in assemblies)

Challenge 8: Complete a scavenger hunt (there are some ideas on the next page)

Challenge 9: Make a lava lamp (see instructions on page 5 )

Challenge 10: Write a message using invisible ink (see instructions on page 6)







# Scavenger Hunt Ideas

## INDOOR SCAVENGER HUNT

- Find a fork.
- Find something that is red.
- Find a tissue box.
- Find 3 things that have wheels.
- Find an orange crayon.
- Find something that is very soft.
- Find a band-aid.
- Find a key.
- Find 2 socks that match.
- Find something round.
- Find a sticker.
- Find a rubber band.
- Find a pair of glasses.
- Find an envelope.



## 5 SENSES SCAVENGER HUNT

- Find something that makes a crunch sound.
- Find something that tastes sour.
- Find something that smells good.
- Find something smooth.
- Find 3 of the same thing.
- Find something that smells bad.
- Find something that tastes sweet.
- Find something loud.
- Find something long.
- Find something soft.
- Find something white.
- Find something quiet.
- Find something rough.



## RAINBOW SCAVENGER HUNT

- 🌈 Find something red.
- 🌈 Find something yellow.
- 🌈 Find something orange.
- 🌈 Find something green.
- 🌈 Find something blue.
- 🌈 Find something purple.
- 🌈 Name a fruit that is red.
- 🌈 Name an animal that is yellow.
- 🌈 Name a vegetable that is orange.
- 🌈 Name a plant that is green.
- 🌈 Name a flower that is purple.
- 🌈 Name something outside that is blue.



## SPRING SCAVENGER HUNT

- 🦋 Find a yellow flower.
- 🦋 Find 3 different shaped leaves.
- 🦋 Find something that is red.
- 🦋 Find a spider web.
- 🦋 Find something that flies.
- 🦋 Name 2 things you see in the sky.
- 🦋 Find something that is long.
- 🦋 Find something that grows that is green.
- 🦋 Find 2 birds.
- 🦋 Find some water.
- 🦋 Find something purple.
- 🦋 Find something that crawls.







# DIY Lava Lamps

You will need:

- Vegetable/sunflower oil
- Vinegar
- Food colouring
- Bicarbonate of soda
- Tall glass or bottle
- Spoon
- Small cup



1. Add three spoons of bicarbonate of soda into the tall glass or bottle.
2. Fill two thirds of the container with oil – but don't mix!
3. In the small cup, add some vinegar and several drops of food colouring.
4. Slowly add drops of your coloured vinegar into your oil/bicarb mixture and watch your lava lamp come to life!

Why not try adding different colours to your lava lamp?

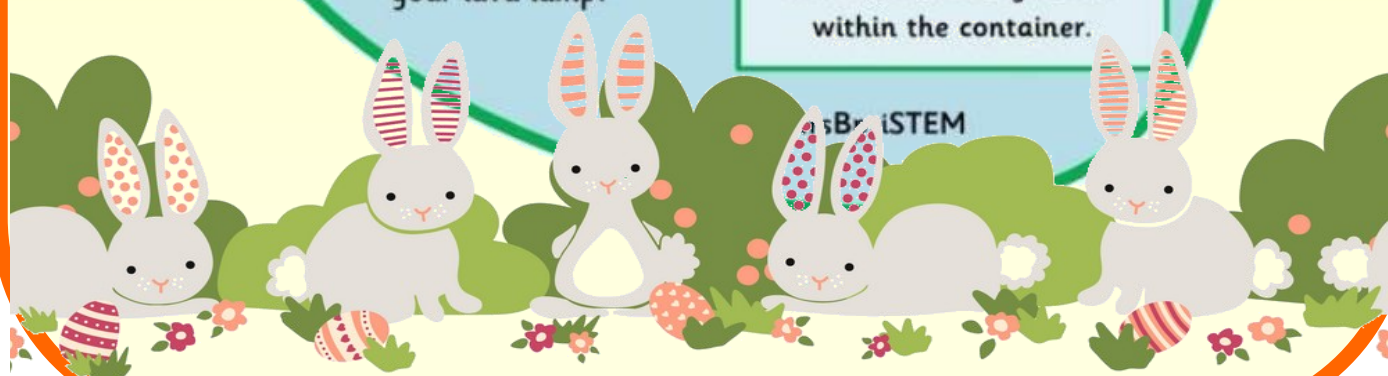
## THE SCIENCE

Oil and vinegar do not have the same density (how heavy something is for its size). Vinegar is more dense than this type of oil - that's why it sinks to the bottom of the container.

Once the vinegar touches the bottom of the container, it reacts with the bicarb.

This chemical reaction creates bubbling carbon dioxide which rises – these are the bubbles you see within the container.

STEM







# Invisible Ink

## You will need:

- Lemon juice
- Cotton bud or a paint brush
- Cup
- Paper
- Candle



1. Add about 1 tablespoon of lemon juice to the cup. Fresh squeezed or bottled juice will work just fine.
2. Soak the cotton bud or paint brush in lemon juice and use it to write a message on your paper.
3. Once it is dry, it will be invisible.
4. CAREFULLY hold your paper over a lit candle to reveal your message – try not to set fire to the paper. Get an adult to help you and make sure you have a bowl of water next to you just in case!

You can also “iron” your paper but don’t use the steam setting. Put a dry cloth between the paper and iron to protect the iron’s surface.

## THE SCIENCE

The paper discolours before the rest of the paper gets hot enough to do so. Lemon juice contains carbon compounds which are colourless at room temperature. Heat breaks down these compounds and releases the carbon. When carbon comes in contact with air (specifically oxygen), oxidation occurs and the substance turns light or dark brown.

Try different fruit juices – or milk! – and compare the results.

